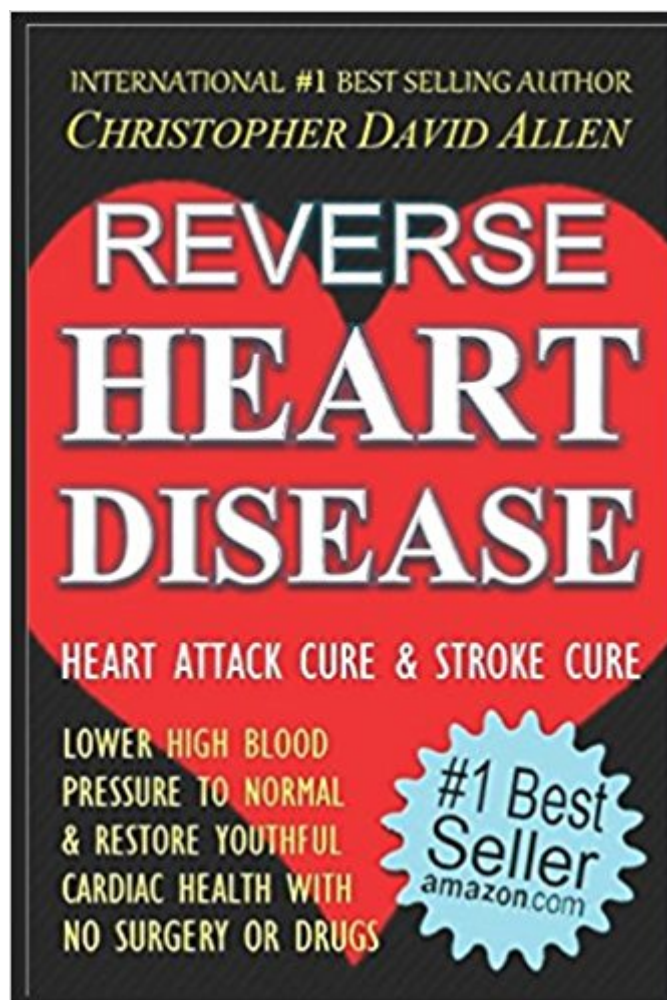


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# REVERSE HEART DISEASE - HEART ATTACK CURE & STROKE CURE - LOWER HIGH BLOOD PRESSURE TO NORMAL & RESTORE YOUTHFUL CARDIAC HEALTH WITH NO SURGERY OR DRUGS





## Synopsis

DO NOT SUBMIT TO ANY HEART DISEASE OR STROKE TREATMENT UNTIL YOU  
READ THIS BOOK THE PROVEN CURE TO REVERSE OR AVOID HEART DISEASE & STROKE  
| READ MORE | International #1 Best Selling Author #1 Best Selling  
Author CHRISTOPHER DAVID ALLEN | Reverse Heart Disease by Christopher David Allen could mean the end of arteriosclerosis, stents, angioplasty, bypass, and cardiac prescription drugs. This book is unlike any other book about heart disease. It reveals natural treatments easily done at home. Inexpensive cures doctors don't know about or dare not discuss in fear of losing their license to practice. Arterial plaque begins obstructing arteries in childhood with consuming junk and processed foods in the Standard American Diet (SAD). Arterial blockage progresses with age, causing high blood pressure, and restricted blood flow. All parts of the body are compromised by limited blood flow that delivers life-sustaining nutrients and oxygen to the 75 trillion cells in the body. Then comes the heart attack or stroke that ends life for nearly half and compromises quality of life and longevity of the survivors | UNTIL NOW! Learn how to restore youthful heart function and blood circulation with the cardiac-rejuvenating miracle combo of oral liquid EDTA chelation and restoring the body's natural vasodilator (Nitric Oxide). Inexpensive EDTA chelation dissolves blood vessel blockages (plaque) throughout 100,000 miles of blood vessels in the body. Inexpensive supplements restore the body's natural production of vasodilator Nitric Oxide that diminishes with age. Normal blood pressure is restored with increased blood flow. preventing or reversing the cause of heart attack, stroke, and other cardiac diseases. Heart healthy nutrition, and ideal forms of exercise can now preserve restored youthful cardiac health for an active lifestyle with longevity. Avoid or end invasive surgical procedures and the horrible side effects of dangerous prescription drugs. Christopher David Allen (the Author), suffered his first (and never again) heart attack at age 65. This is an experience-based book that reveals the proven and natural home treatments this respected naturopathic medical researcher used to return from "nearly dead" to youthful cardiac health. His cardiologist blessed him to "exercise at any level you want" in three short months. You too can restore youthful cardiac health and boost your body's performance. Reclaim your life and enjoy the wonders of an active lifestyle and a longer lifespan. Scroll Up and Click the "BUY" Button to Live Long and Strong | Tags: | angina, arteriosclerosis, arteriosclerosis treatment, blood pressure books, blood pressure control, blood pressure cure, blood pressure diet, blood pressure down, blood pressure solution, chelation, chelation therapy, EDTA chelation, cardiac disease, cardiology, cardiology books, cardiovascular disease, critical care, end heart disease, healing, healthy living,

heart attack, heart attack books, heart attack recovery, heart attack proof, heart cure, heart diet, heart diet books, heart disease, heart disease cure, heart disease diet, heart disease prevention, heart failure, heart health, heart healthy, heart healthy diet, high blood pressure, high blood pressure books, high blood pressure diet, high blood pressure solution, holistic, holistic medicine, homeopathy, hypertension cure, hypertension diet, hypertension books, inflammation, inflammation diet, lower blood pressure, lower blood pressure naturally, natural remedies, naturopathy, reverse heart disease, stroke, stroke cure, stroke proof, stroke recovery, stroke prevention

## **Book Information**

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## **Customer Reviews**

Over the past few years, I've read dozens of books and online materials about heart disease. I even took nutrition classes to learn more about the link between diet and chronic disorders. Everyone in my family has cardiovascular problems. My grandfather died from a heart attack at the age of 63. My grandmother is struggling with heart disease too. Genes play a key role in the development of cardiovascular disease, so I'm at a higher risk compared to the general population. Even though I eat healthy and exercise daily, I'm still concerned about what could happen later. But I'm still young, so I have the time needed to prevent this problem and minimize complications. After reading *Reverse Heart Disease* by Christopher David Allen, I can honestly say that it's one of the most comprehensive books in this niche I have found so far. Basically, it provides all of the steps needed to prevent and reverse this deadly condition without the need for pills and surgery. The information is presented in a clear manner, which makes it accessible to everyone. There's no fluff or complex

data - just facts that you can actually use to protect your health. The book begins with a general overview of heart disease and its prevalence. As the author says, this condition is responsible for one in three deaths in the U.S. It's also the primary cause of death worldwide. More and more people are turning to medications to prevent and treat cardiovascular problems. However, these products rarely work and carry serious side effects. There is no magic pill to prevent heart disease. If medications were effective, this condition wouldn't be so common. Diet and exercise, on the other hand, are safe and accessible. Natural remedies can help too, and have none of the side effects associated with prescription drugs. The next chapters talk about the cardiovascular system and its components, the types of heart disease and stroke, and the best ways to prevent cardiac problems. What I like the most is how Mr. Allen emphasizes prevention and natural treatment. He clearly states that most types of heart disease are preventable and reversible. In his book, he provides a detailed overview of the warning signs and symptoms preceding stroke and heart attack. I have found a ton of interesting information on angina, arrhythmias, atherosclerosis, heart failure, and other cardiac problems. Each chapter features pictures and lists that convey complex data into plain English that everyone understands. The book also includes statistics that can help you understand the risk factors associated with heart disease. For example, I was shocked to find out that diabetes increase the risk of coronary heart disease by as much as 700 percent. Mr. Allen also talks about the role of trans fats, smoking, genetics, gum disease, arthritis, lupus, and hypertension in the development of cardiovascular problems. He described the most common types of surgery and medical interventions for heart disease, such as angioplasty, valve repair, and carotid endarterectomy. Everything is explained in a simple language, so even a child can understand. This is one of the few books I've read that focuses on natural remedies for heart disease, stroke, and high blood pressure. In addition to medical data, it provides simple solutions to help prevent these issues and restore your health. Mr. Allen shows you exactly what supplements to take, what foods to eat, and how to reduce coronary heart disease risk. He also offers helpful tips on how to increase your fiber intake and how to lose those extra pounds that put you at risk for cardiovascular problems. The list of "forbidden" foods is really interesting considering that, nowadays, it's hard to tell what healthy eating looks like. I was surprised to find that wheat, Hawaiian papaya, and flax seeds elevate heart disease risk because of their high GMO content. As a reader and nutritionist, I recommend this book to anyone who wants to stay healthy and enjoy a long life, not only those at risk for cardiac problems.

I recently suffered a heart attack and I am afraid for my life. This book I could not put down from the

moment I started reading it because I have learned so much about my condition and what I can do about it. The author's story is the kind of inspiration I needed to reclaim my life. I'm confident that I can live long and live strong to borrow Mr. Allen's words. If you live in fear of your life as I have been then you absolutely **MUST** read this book and do what is described in detail in Section 5 of the book. 5 Stars+++

"The everyone must-have lifesaving book to prevent or reverse high blood pressure, arterial blockage, angina, heart attack, and stroke" (Dr. Jonathan Jensen MD)

First half of the book was very good explaining heart conditions. Later he gets into homeopathic remedies for prevention. A lot of emphases on oral liquid EDTA chelation. And he recommends a specific product. Book is OK is you want to read about non-established methods. My Doctor said the EDTA studies show mixed results.

Not only will this help with heart disease but everything to do with 'old age'. Once you do cardio renew you'll know it's not old age but not enough oxygen to the body's internals. Your heart, brain and every other vital part of your body will feel refreshed with oxygen. I would say start slow and skeptical, as I did. I did a half a bottle whenever I could squeeze in the time. I was a wreck. Pretty soon I started to feel more energetic. So I set a 6 week time period and committed the funds and time and was determined to find out what a full 3 bottle course would do. You really just need to do that. I have tried every supplement I can get my hands on and \$3000 later I can only find ones that benefit me short term. As soon as you stop them the effect wears off. Nothing has left a lasting effect of energy and vitality. Has any of it done that for you? Well, I hope that you haven't spent that much yet. Spend \$130 now and commit to this program and you will not regret it ever. In fact I'm confident that you'll want to repeat it every year to continue reaping the benefits. You'll be eager to do it. I know, after hearing so many exaggerated claims about all kinds of products and being let down, you're saying it's not possible. Well, it is very, very possible. And a lot easier than diet and exercise. Of course this program will be leaving you **WANTING** to get yourself going again. Like you did 20 years or more earlier. EDTA is a proven safe therapy. Don't deny yourself the opportunity and possibilities.

Two days ago I got an email from suggesting that I buy this book. I got it for free however now that I know what it provides I would have paid any price for it. I have read the entire book in 2 days... I

ordered the EDTA and can't wait to receive it.... I will be studying this book and giving thanks to Christopher David Allen for ever. I am 77 years on planet earth and clearly seeing that there is no money in health. I am on more drugs than I can list and my goal thanks to Christopher is to live drug free and in perfect health for many more years. I have Lupus. AF, high blood pressure and a few more issues.... I eat a plant based diet, exercise when able, take tons of supplements and still suffer a great deal. So needless to say I am looking forward to following the path that Christopher has so beautifully laid out for us. I'll get back to you all in a few more months!

I have read a lot of authors who did some research on the subject so when they wrote their book,,, it would be somewhat correct... Mr Allen has gone the route several times on his research... A well written book by a professional writer,,, not a wanna-be writer... The subject matter is something every one should head... I have had a couple TIA's and one mild heart attack... I do not want the full fledged item... I am ordering a 3 bottle set as I can see the benefits of cleaning out the pipes... Much better than the bypass... I choose health...

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